Pope Francis Hand Prayer

2. The **pointer finger** is used to give directions. Pray for those who can guide you in life : father Anthony, adults in school, sports coach, guides and cubs leaders, doctors, hospital staff.

3. The **middle finger** is the tallest. Prayer for world leaders who have the responsibility of making decisions for many people.

4. The **ring finger** is the weakest. Pray for those in the world who need help; the sick and those most in need.

5. The **little finger.**

Pray for yourself.

1. Your **thumb** is closest to your heart, so pray for those closest to you; your friends and family.