

KEY STAGE 2			Dance		
YEAR 5					
LESSON TITLE	STIMULUS	Warm Up	BASIC CONTENT	Cool Down	Top Dance
Body Talk Section 1 – Vocal Sounds	Sounds	Flash Cards	FOCUS - WHAT, WHERE, HOW: Body Actions, Levels, Directions, Speed. Explore, create and choose appropriate material to create motifs, compose dance phrases and longer complex dances, talk about the relationship between dance and its accompaniment.	Numbers	Body Talk
Body Talk Section 2 - Hands and Feet	Sounds	Flash Cards	FOCUS - WITH WHOM, HOW: Small Group Work, Compositional Elements, Compositional Formations. Explore, create and choose appropriate material to create motifs, compose dance phrases and longer complex dances, talk about the relationship between dance and its accompaniment, work together in a small group.	Mirrors	Body Talk
Body Talk Section 3 - Ball and Body	Sounds	Taps	FOCUS - WITH WHOM, HOW: Small Group Work, Compositional Elements, Compositional Formations. Explore, create and choose appropriate material to create motifs, compose dance phrases and longer complex dances, talk about the relationship between dance and its accompaniment, work together in a small group.	Mirrors	
The Haka Section 1-Individual	The Haka New Zealand Rugby Team	Taps	FOCUS- WHAT: Body Parts, Body Shapes, Actions. Explore and improvise ideas for dances in different styles, working on their own, compose dances by adapting and developing steps, formations and patterns from different dance styles.	Slower, lower, higher	
The Haka Section 2- Partner	The Haka New Zealand Rugby Team	Taps	FOCUS- With Whom: Partner work. Explore, create and choose appropriate material to create motifs and compose dance phrases with longer, more complex dance structures, work with a partner and learn steps and movement patterns.	Kim's Game	
The Haka Section 3- Group	The Haka New Zealand Rugby Team	Taps	FOCUS- HOW: Compositional Element- Formations. Explore and improvise ideas for dances in different styles, working with a group, compose dances by adapting and developing steps, formations and patterns.	Kim's Game	
Tudors Section 1 – The Pavane	Dance Style	Copy Cats	FOCUS- WHAT, WHERE, HOW & WITH WHOM: Actions, Body Parts, Pathways, Speeds, Flow, Compositional Principles. Explore and improvise ideas for dances in different styles, compose dances adapting steps, formations and patterning.	Slower, Lower, Higher	
Tudors Section 2 – The Branle	Dance Style	Copy Cats	FOCUS- WHAT, WHERE, HOW & WITH WHOM: Actions, Body Parts, Pathways, Speeds, Flow, Compositional Principles. Explore and improvise ideas for dances in different styles, compose dances adapting steps, formations and patterning.	Relaxing	
Tudors Section 3 - Compose	Dance Style	Name Game	FOCUS- WHAT, WHERE, HOW & WITH WHOM: Actions, Body Parts, Pathways, Speeds, Flow, Compositional Principles. Explore and improvise ideas for dances in different styles, compose dances adapting steps, formations and patterning.	Relaxing	
Rama & Sita Section 1 –Indian Chorus	Dance Style Pictures Story	Shapes and Lines	FOCUS- WHAT, WHERE, HOW & WITH WHOM: Actions, Body Parts, Pathways, Speeds, Flow, Compositional Principles. Explore and improvise ideas for dances in different styles, compose dances adapting steps, formations and patterning.	Pull and Push	
Rama & Sita Section 2 - Searching	Dance Style Pictures Story	Shapes and Lines	FOCUS- WHAT, WHERE, HOW & WITH WHOM: Actions, Body Parts, Pathways, Speeds, Flow, Compositional Principles. Explore and improvise ideas for dances in different styles, compose dances adapting steps, formations and patterning.	Pull and Push	
Rama & Sita Section 3 - Ravana	Dance Style Pictures Story	Flash Cards	FOCUS- WHAT, WHERE, HOW & WITH WHOM: Actions, Body Parts, Pathways, Speeds, Flow, Compositional Principles. Explore and improvise ideas for dances in different styles, compose dances adapting steps, formations and patterning.	Slower, Lower, Higher	