

St. Mary's 2-year PSHE plan - Year A and Year B

	YEAR A and YEAR B Autumn term "Relationships"	YEAR A and YEAR B Spring term "Living in the Wider World"	YEAR A and YEAR B Summer term "Health and Well-Being"
Woodpeckers	Families and Friendships Safe Relationships Respecting Ourselves and Others	Media Literacy and Digital Resilience Money and Work Belonging to a Community	Physical Health and Mental Wellbeing Growing and Changing Keeping safe
Owls	Families and Friendships Safe Relationships Respecting Ourselves and Others	Media Literacy and Digital Resilience Money and Work Belonging to a Community	Physical Health and Mental Wellbeing Growing and Changing Keeping safe
Kestrels	Families and Friendships Safe Relationships Respecting Ourselves and Others	Media Literacy and Digital Resilience Money and Work Belonging to a Community	Physical Health and Mental Wellbeing Growing and Changing Keeping safe
Eagles	Families and Friendships Safe Relationships Respecting Ourselves and Others	Media Literacy and Digital Resilience Money and Work Belonging to a Community	Physical Health and Mental Wellbeing Growing and Changing Keeping safe

There are three areas of the PSHE Association planning – each comprises three units. These remain the same in Year A and Year B but with different content coverage.

Relationships:

- Families and Friendships
- Safe Relationships
- Respecting Ourselves and Others

Living in the Wider World:

- Media Literacy and Digital Resilience
- Money and Work
- Belonging to a Community

Health and Well-Being:

- Physical Health and Mental Wellbeing
- Growing and Changing
- Keeping safe

