



SEATON TENNIS CLUB SUMMER COACHING PROGRAMME

Schools Tennis Offer 1 - Free Coaching Session Before 30th June 2016 (from the list below)

Day	Time	Duration in hours	Level and Name	Standard Catered For	Age	Dates
Tuesday	11-1pm	2	All adults weekly pay and play *	All adults	16+	Every week
Tuesday	5-6.30pm	1.5	Junior Yellow Performance 4+	Performance Juniors	12+	6th June-23rd July
Tuesday	5-6.30pm	1.5	Juniors Yellow 3/4	Intermediate/Adv Juniors	12+	6th June-23rd July
Tuesday	6.30-7.30pm	1	Adult Group Coaching - Improvers	Adult Improvers	16+	email to enquire
Wednesday	4-5pm	1	Mini Red 1&2	Beginners/Intermediate	5-8	6th June-23rd July
Wednesday	6-7pm	1	Mini Green 1&2	Beginners/Intermediate	9-10	6th June-23rd July
Wednesday	5-6pm	1	Advanced Teenager Cardio Drills 4+	Performance Juniors	12+	6th June-23rd July
Wednesday	6-7pm	1	Junior Yellow 1-3	Improver Teenagers	12+	6th June-23rd July
Wednesday	7-8.30pm	1.5	Adult Weekly Team Training *	Team Player Standard	16+	Every week
Friday	1-3pm	2	All adults weekly pay and play *	Intermediate Adults	16+	Every week
Saturday	9.30-10.15am	0.75	Toddler and Parent	Beginners/Intermediate	3-4	6th June-23rd July
Saturday	9.30-10.30am	1	Mini Red 1&2	Beginners/Intermediate	5-8	6th June-23rd July
Saturday	9.30-10.30am	1	Mini Orange 1&2	Beginners/Intermediate	8-9	6th June-23rd July
Saturday	10.30-11.30am	1	Mini Green 1&2	Beginners/Intermediate	10-11	6th June-23rd July
Saturday	10.30-11.30am	1	Juniors Yellow 1-2	Beginners/Intermediate	12+	6th June-23rd July
Saturday	10.30-11.30am	1	Juniors Yellow 3-4	Intermediate Teenagers	12+	6th June-23rd July
Saturday	11.30am-12.30	1	Adult Tennis Coaching/Cardio Mix	All adults	16+	email to enquire

OFFER FOR PARENTS AND PUPILS TO TAKE UP THE COACHING OFFER PLEASE EMAIL HEAD COACH - JAS@JASONMARTINSPORTS.COM

Level 1 beginner, 2 Improver, 3 Intermediate, 4 Advanced

* Adult sessions are normally pay on the day £5 a session and do not need to be booked just turn up on the day except sessions marked if so please enquire

Junior Summer Coaching - 7 week half term £35 (based on 60 minute sessions) Reduced pricing for joining late

Enquiries - Jason Martin Head Coach at the club or on 07931 743168 or email jas@jasonmartinsports.com

Club Address - Court Lane, Seaton, EX12 2AR www.seatontennis.net

Schools Offer 2 - For any children new to tennis - Half Price Junior Half Term Holiday Camp £8.00 normally £16 Tuesday 31st May 1-4pm, Thursday 2nd June and Saturday 4th June both 10am-1pm