

KEY STAGE 2		YEAR 6: Multiskills		
	GENERAL OBJECTIVES	WARM UP	BASIC CONTENT	TOP PLAY REFERENCE
1	<ul style="list-style-type: none"> Use of space Keeping the ball – when to pass and when to dribble Working with others Knowledge of warming up and cooling down Analysing performance Understanding healthy lifestyles 	Moving through cone gates, touching cones, making sequences of gates to travel through and stretching and mobilising	<ul style="list-style-type: none"> Getting into groups of set numbers and working with others Movement with a ball and exchanging balls Follow the leader, changing leader on command using the ball. Passing the ball in number order. Passing in number order and scoring through gates. Passing in number order allowing players to try to win other teams balls. 	Top Sport Invasion Games – Gateway Top Sport Invasion Games – 1-2-3-4 Top Sport Invasion Games – Zone passing Top Sport Invasion Games – Find a goal Top Sport Invasion Games – Zone passing Top Sport Invasion Games – Find that space
2	<ul style="list-style-type: none"> Using skills to suit the situation Knowledge of attacking and defending skills When to pass and when to dribble to progress towards a goal Use of space Using tactics to keep the ball 	Moving through gates different types of movement and as different sports, leaving ball and finding another and stretching and mobilising	<ul style="list-style-type: none"> Passing through gates to a partner Movers and blockers 2v1's 4v4 conditioned practise to encourage 2v1's 	Top Sport Invasion Games – Find a Goal Top Sport Invasion Games – 4v1
3	<ul style="list-style-type: none"> Use of space Using a variety of tactics to keep the ball, knowing when to pass and when to dribble. Knowledge of attacking and defending skills Adapting skills to meet the demands of the situation. Changing speed in attack and scoring points Effective defending 	Gentle movement, stuck in the mud, with pairs to save and stretching and mobilising	<ul style="list-style-type: none"> Using cones passing and moving Working down channels towards goals in 2's and 3's, adding a defenders 4v2 in grids 3v3 end zone 	Top Sport Invasion Games – Find a goal. Top Sport Invasion Games – 1-2-3-4 Top Sport Invasion Games – 3 hoop ball Top Sport Invasion Games – Fives
4	<ul style="list-style-type: none"> Knowledge of attacking and defending, using skills for each appropriately Using tactics to keep the ball and progressing ball towards goal Choosing roles within a team and using skills and tactics well in a game 	Keeping your ball whilst touching others, hockey stuck in the mud, roller ball and stretching and mobilising	<ul style="list-style-type: none"> 2v1's in on goal through channel 3v1's in on goal through channel 3v2's in on goal through channel 5v3 in on goal through channel 5v3 match play 	Top Sport Invasion Games – 4v1
5	<ul style="list-style-type: none"> Effective defending Using attacking and defending skills appropriately in games Using different formations to suit the needs of the game Planning and organising effectively as a team Explaining why a performance is good and recognising parts of performance that could be improved 	Moving right side to right side, left side to left side, following leader staying within touching distance and stretching and mobilising	<ul style="list-style-type: none"> 3 v 1 – trying to gain possession of a ball 4v4 conditioned grid game 6v6 create a game 	Top Sport Invasion Games – 4v1 Top Sport Invasion Games – 3 hoop ball Top Sport Invasion Games – The wing game
6	<ul style="list-style-type: none"> Consistency within the games, choosing skills appropriately. Defensive techniques (delay, denial of space, pressure and regaining possession) and marking to defend goals. Choosing when to pass and when to dribble to proceed towards a goal. 	Follow the leader, changing the leader, ankle touching, tails, chain tag and appropriate stretching and mobilising.	<ul style="list-style-type: none"> Shadow, channel and cover in a 1v1, developing to 2 defenders (2v1) 5v5 with tackle box (with varying conditions) 	Top Sport Invasion Games – The Wing game adapted to allow one person from each team in the wing zones.

	<ul style="list-style-type: none"> Choosing and using different formations. Understanding how playing games can contribute to a Healthy lifestyle. 			
7	<ul style="list-style-type: none"> Using different formations in games. Analysing performance – why is something good, recognising and describing individual and team performances, how performances could be improved. Knowledge of different types of fitness for games, the importance of being fit, recognising the importance of speed, strength and flexibility in games. Knowledge of preparation for games 	Varying types of gentle movement, ladder work and stretching and mobilising	<ul style="list-style-type: none"> Various 5v5, 4v3 and 5v4 conditioned games Appropriate QCA core tasks 	Top Sport Invasion Games – Fives Top Sport Invasion Games – Find that space Top Sport Invasion Games – 3 Hoop ball. Top Sport Invasion Games – The wing game
8	<ul style="list-style-type: none"> Knowledge of warming up. Directing a ball towards an opponents court or target area Tennis ground strokes development Working well with others, adapting their play accordingly Analysing performance 	Children to do own pre arranged warm ups then – movement with racket and ball amongst cones, transferring balls to others	<ul style="list-style-type: none"> Keeping ball in air sharing racket. Hit and catch Feed and hit Feed and hit into space Feed into space and hit into space Rallying cooperatively Rallying competitively Devising own game 	Top Sport Net and Wall Games – Getting a grip. Top Sport Net and Wall Games – Reliable rallies Top Sport Net and Wall Games – Go for ten Top Sport Striking and Fielding Games – Target throw Top Sport Net and Wall Games – Far and near and side to side
9	<ul style="list-style-type: none"> Further development of ground strokes Hitting the tennis ball correctly and directing the ball appropriately. Hitting into space Knowledge of the exercises that would be beneficial. 	Movement with throwing and catching and then using rackets and rallying with partner, triangle tag and stretching and mobilising.	<ul style="list-style-type: none"> Rally stations Tennis volleyball Keep the kettle boiling 3v3 alternating Appropriate QCA core tasks 	Top Sport Net and Wall Games – Are you ready? Top Sport Net and Wall Games – Flights and Arrivals Top Sport Net and Wall Games – Getting a grip Top Sport Net and Wall Games – Roving returns Top Sport Net and Wall Games – In or out Top Sport Net and Wall Games – Reliable rallies Top Sport Net and Wall Games – Far and near and side to side Top Sport Net and Wall Games – Go for ten
10	<ul style="list-style-type: none"> Fielding and use of long and short barriers. Throwing over arm. Backing up 	Stuck in the mud with rolling to save, party ball and stretching and mobilising	<ul style="list-style-type: none"> Rolling through gates to partner. Ball rolled out from stumps, fielders to complete throwing and catching and then field the ball in to stumps. Beat the ball 	Top Sport Striking and Fielding Games – Catch them out Top Sport Striking and Fielding Games – Target throw Top Sport Striking and Fielding Games – Quick runs and safe catching Top Sport Striking and Fielding Games – Get them out. Top Sport Striking and fielding Games – There and back Top Sport Striking and Fielding Games – Chain gang Top Sport Striking and Fielding Games – Run and Return
11	<ul style="list-style-type: none"> Development of different types of bowling 	Rolling, throwing and catching and moving	<ul style="list-style-type: none"> Under arm target bowling 	Top Sport Striking and Fielding Games – Target throw

	<ul style="list-style-type: none"> Fielding development Throwing development Tactics – bowlers and fielders working together Analysing performance 	catching and moving, throwing and moving and stretching and mobilising.	<ul style="list-style-type: none"> Over arm target bowling Cricket based conditioned game Rounders based conditioned game 	Target throw Top Sport Striking and Fielding Games – Get them out. Top Sport Striking and Fielding Games – Target Bowling. Top Sport Striking Fielding Games – There and back Top Sport Striking and Fielding Games – Chain gang. Top Sport Striking and Fielding Games – Run and return
12	<ul style="list-style-type: none"> Constructing and carrying out own warm up Batting effectively using different shots and placement of the shot Outwitting the opposition when batting, bowling and fielding Bowlers and fielders working together Analysing performance. Playing tactically Knowledge of the importance of different types of fitness to the game 	Groups to do own warm ups as discussed last time.	<ul style="list-style-type: none"> Directing a shot when batting 6v6 Rounders 6v2 Cricket Appropriate QCA core task 	Any of the Top Sport Striking and Fielding Games cards would be appropriate here.